

**DIRECTIONS TO THE  
HENRICO TRAINING CENTER  
7701 E. PARHAM RD.  
HENRICO, VA 23294**

The Henrico Training Center is located at the Intersection of Parham and Shrader Roads (Western Henrico County). To enter the parking area, turn onto Shrader Road from Parham Road, stay in left lane, and take a LEFT on Carousel Lane. Take another right into the parking area. The following map locates the building at 7701 East Parham Road. Signs designate the appropriate parking area.

***From the North (Washington D.C., Fredericksburg, etc.):*** Take I-95 South. Right after the I-295 interchanges, look for Exit #83B (Parham Road West). From the foot of the exit, travel 4.7 miles; take a left (at the 8<sup>th</sup> stoplight) onto Shrader Road. Take the first left onto Carousel Lane and then another right into the parking area.

***From the West (Charlottesville, etc.):*** Take I-64 East, exit right at Exit #181 (Parham Road North). Take a left at the stoplight at the foot of the exit, onto Parham Road. Travel 1.7 miles and take a right (at the 4<sup>th</sup> stoplight) onto Shrader Road. Take the first left onto Carousel Lane and another right into the parking area.

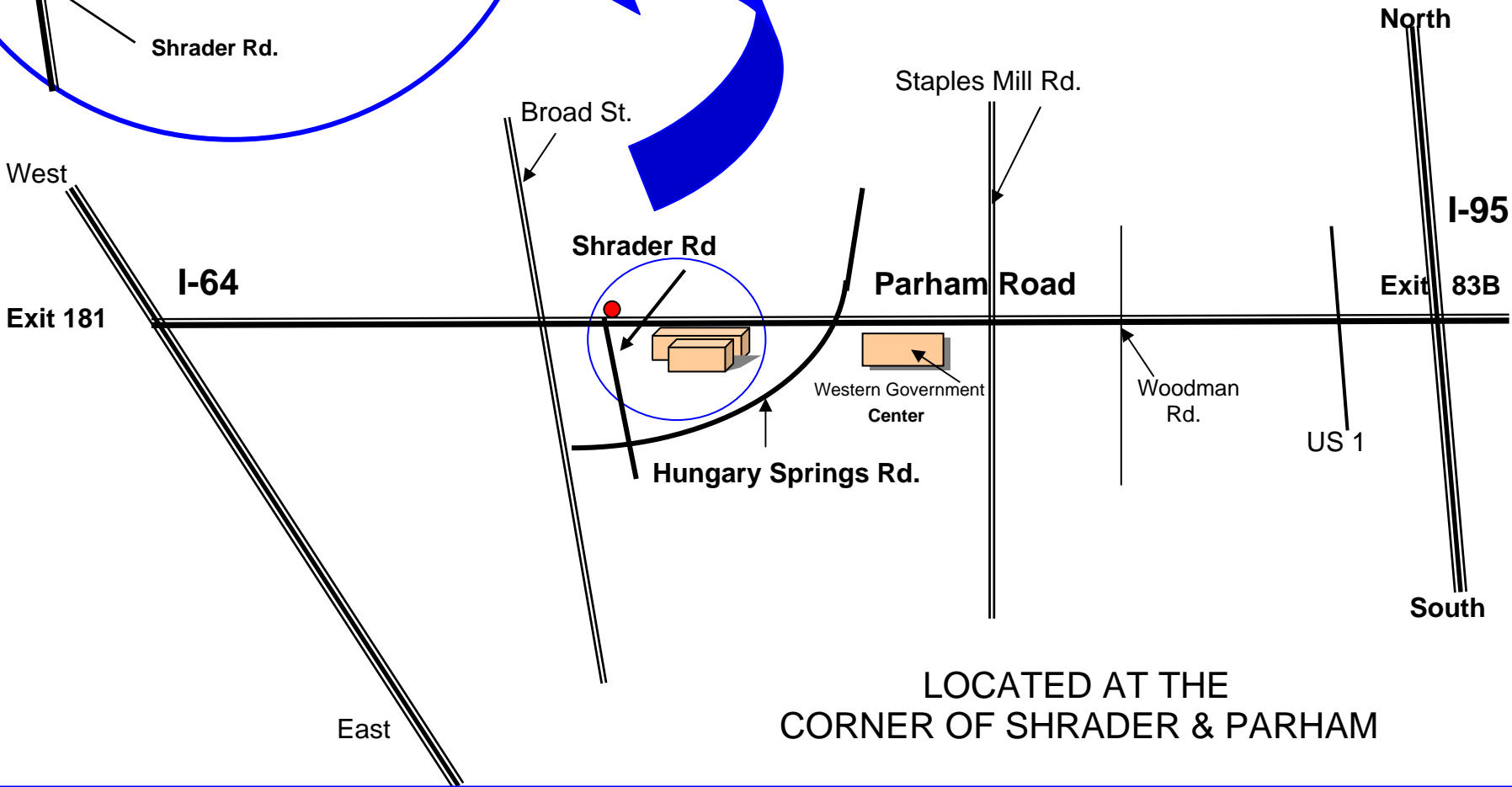
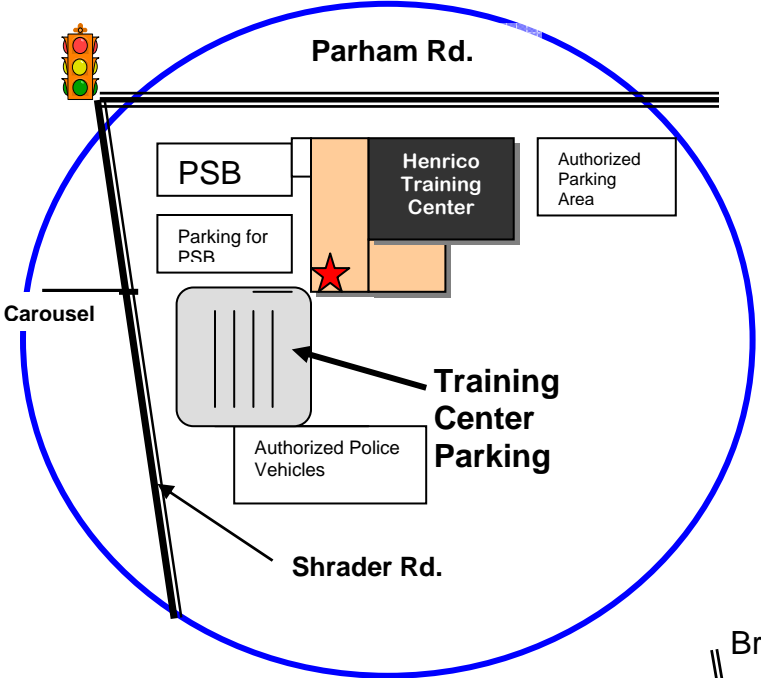
***From the East (Norfolk, Williamsburg, etc.):*** Take I-64 West. Merge with I-95 North for about two miles, then exit right at Exit 79 to follow signs back to I-64 West (signs to Charlottesville). Take Exit 181B (Parham Road North). From the foot of the exit, travel 1.5 miles; take a right (at the 4<sup>th</sup> stoplight) onto Shrader Road. Take the first left onto Carousel Lane and then another left into the parking area.

***From the South (Petersburg):*** Take I-95 North, and exit at I-64 West. Turn right at 181B, Parham Road North. From the foot of the exit, travel 1.5 miles; take a right (at the 4<sup>th</sup> stoplight) onto Shrader Road. Take the first left onto Carousel Lane and another right into the parking area.

***From the South (Western Chesterfield):*** Take Chippenham Parkway to the Willey Bridge. Once you cross the bridge, the road becomes Parham. From the first stoplight at the foot of the bridge, travel 5.8 miles; take a right onto Shrader Road (first light after Broad Street). Take the first left onto Carousel Lane and another right into the parking area.

***From I-295:*** Take Exit 45B (Woodman Road). Travel 2.0 miles and turn right onto Parham Road. Travel 2.1 miles and take a left onto Shrader Road. Take the first left onto Carousel Lane and another right into the parking area.

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**LOCATED AT THE  
CORNER OF SHRADER & PARHAM**